

Admission Information

Cedar Lodge is a residential substance abuse treatment facility located on a beautiful wooded lot in Marshall County.

The first step in the treatment process is a comprehensive assessment. Anyone interested in treatment can call (256) 582-4465 for a phone screening and, if appropriate, assessment appointment. We also accept referrals from other agencies.

Some additional information about the program:

- Cedar Lodge does not offer medical detoxification. For your health and safety, you will need to be clean and sober at least 72-hours prior to admission to the program.
- Many individuals with addiction also suffer from mental health issues. At Cedar Lodge, we offer a comprehensive approach to the treatment of the whole person.
- If you are planning to bring any prescription or OTC (over the counter) medications with you, these will need to be approved by our agency prior to admission. Once approved, you will need to bring a written order and/or a copy of the paper or electronic prescription signed by the prescribing physician that matches each medication.
- All clients will be charged an admission fee of \$300.00 on the day they enter treatment. **This fee is non-refundable.** You may qualify for a discount for treatment services once your income has been verified. We offer a certain number of private pay beds at a fee of \$4250.00 (this includes the \$300.00 admission fee).

GENERAL INFORMATION CONCERNING WHAT TO BRING TO TREATMENT

- You will want to bring casual clothing only: such as trousers/khakis or jeans, you are asked not to wear sweat pants, lounging/pajama type pants, shorts, halter tops, tank tops or body suits outside your bedroom.
- You will need to bring several bath/face cloths and towels (you will have access to washer/dryer).
- You will need to bring a set of sheets (we have twin beds), your own pillow and pillow case, coverlet/quilt and/or blanket.
- Cedar Lodge provides laundry facilities and supplies at no extra charge to the client.
- You will need to bring your personal toiletry items, i.e., shampoo, toothbrush, toothpaste, deodorant, shaving equipment, etc.

- You will need to bring a phone card for long distance calls and stamps and envelopes for letter writing. You will also need to bring pen/pencil and paper to take notes on while in group.
- You may bring any form of tobacco as long as it is sealed in the original container/box.
- You are asked not to take any food or beverages into your room other than chewing gum and breath mints. If you have special dietary needs those can be discussed with our cook and/or your counselor. You may want to bring dollar bills, quarters, dimes and nickels for the soft drink and/or snack machine.
- Perfumes, colognes, after shave, nail polish/polish remover, hair clippers and mouthwash containing alcohol, metal nail files, finger/toe nail clippers, tweezers and any other sharp objects will be placed in a locked area upon your entering treatment; these will be returned to you upon completion of the program. Some of these items that may be used while in treatment will be handed to you and returned to storage after use.
- Handheld and/or electric razors, shave creams or gels, hair spray, hair gels and hair dryers will be kept under the counter at the Mental Health Worker station. You will have access to them for short term usage and they will be returned to you upon completion of the program.
- Toothpaste, lotion/cream, shampoo, conditioner, deodorant, soap/body washes and sanitary products (tampons, pads, etc.) may be kept in your room.
- We have a store-run at least two times weekly at which time you may purchase personal items that you may run out of while in treatment.

If you have further questions about entering treatment, you may call 256-582-4465 and ask for admissions.